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Jon Stewart's moment of Zen

Host retiring from The Daily Show after 16 years. Page 11



CHICKEN SAMMIES OFFER CHANCE

Lunch Bell Bistro sous chef and trainer Bev Villagarcia puts a roasted basil chicken sandwich under the hot lamp at the Main Street eatery on Tuesday. The bistro is serving up more than just delicious food: They're serving up hope. Story, page 4. SHANE GIBSON/METRO

Measles likely not contracted here: Officials

Health. Child recovering from the disease had just returned from India

The Manitoba government reported the province's first measles case of the year Tuesday but stressed it appears to be an isolated incident.

The case involved a Winnipeg infant under 12 months old — the age the measles vaccine is typically given — who had recently returned from India.

The child was said to be recovering at home.

"We do believe this was a travel-related case and not a case where they were exposed to the measles virus while in Manitoba, but we're still doing some of the investigation to understand where they were and when," said Dr. Michael Routledge, the province's chief public-health officer.

Last year, Manitoba saw its worst outbreak of measles in decades, with nine cases that were quickly contained.

Toronto public-health officials are reporting several cases of measles, which appear to have been locally transmitted.

Measles can cause a rash, runny nose and cough, as well as more serious complications such as deafness and brain damage.

Meanwhile, federal health minister Rona Ambrose said she can't help but get emo-

tional over the decision by some parents not to get their children vaccinated against infectious diseases.

"I find it really irresponsible," Rona Ambrose said Tuesday, adding that anyone who still believes a debunked and fraudulent 1990s study linking vaccines to autism should speak to their doctor.

Quoted

"I find it really irresponsible."

Federal health minister Rona Ambrose, on parents who do not vaccinate their kids

She said measles in particular is a highly infectious disease and parents who refuse to get their kids immunized are irresponsible and put other children at risk.

"If you don't immunize your child and you send them to school potentially ill or exposed, another child who may be more vulnerable than your own is at even a greater risk, and that's what concerns me the most."

She says vaccines are miracles of modern medicine that save lives.

Ambrose says Canada spends billions of dollars on vaccines for children around the world, but educated Canadians who won't allow their kids to be immunized through a publicly funded program are making the wrong decision.

THE CANADIAN PRESS

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Committee to find out if city's snow clearing worth the cash

Street maintenance.

Union leader lobbies for work to be brought back 'in-house'



BERNICE PONTANILLA

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Winnipeggers will find out in June if the millions poured into snow clearing over the winter months provide value for money.

On Tuesday, councillors on the infrastructure-renewal and public-works committee voted in favour of a review of the city's snow-clearing operations.

Committee chair Coun. Janice Lukes said she hopes the review will bring forward ideas on how to improve the service that she currently rates as "stellar."

"We've won an award on it," Lukes told reporters after the meeting, adding that last winter was an "anomaly" and shouldn't be used for comparisons.

"We could have wonderful snow removal if we spend more money on it. Do we want to spend more money on it? Is that our priority?"

"We can always strive to do better, (but) I think it's quite good."

Mike Davidson, president of the city's largest union, CUPE Local 500, has long advocated for snow clearing to



Mike Davidson of CUPE Local 500 said the time is now for a review of the city's snow-clearing operations. BERNICE PONTANILLA/METRO

be brought back "in-house" — right now it's 80 per cent contracted out.

He told councillors that he finds it troubling that the city hasn't done a cost-

benefit analysis in 17 years on a "core service" that Winnipeggers want to be timely and of good quality.

"Our concern there, 17 years have gone by and we have no cost analysis between public and private. We question that," said Davidson, adding they had to file a freedom-of-information request to try to get more data on snow clearing.

"We do question the 80 per cent; it's a lot of work

contracted out where we perhaps should have more control over a core service like snow and ice removal. So that's something to be considered, especially in a city that receives the amount of snow that we're capable of getting."

Brad Sacher, the city's director of public works, said that while they haven't done a cost-benefit analysis in 17 years, the nine contracts are tendered out in a

"competitive process."

"We know very well what that cost is and we're quite confident we're getting good value," he said, adding the city has 10 contracts for snow clearing.

The 2014 budget for street maintenance, including snow clearing, is about \$32 million, said Sacher.



Follow Bernice Pontanilla on Twitter @MetroBee

Quoted

"We do question the 80 per cent; it's a lot of work contracted out where we perhaps should have more control over a core service like snow and ice removal." Mike Davidson, president of CUPE Local 500

Details

Mike Davidson of CUPE Local 500 raised important questions on snow clearing. Here are a few answers from public-works director Brad Sacher:

Can contractors do private parking lots before city work?

Sacher said requirements are built into their contracts

with private companies where they have to "come and do the work in a certain amount of time after we've instructed them, and they do that."

"Whether or not they have time before that to go out and do a private lot or not is really not our concern. Our concern is that once we call out an operation, that they're in in a certain amount of time contractually."

Will the fines and penalties for sub-par work be made public?

Davidson said just like with other contracts, such as one with Emterra for garbage and recycling pickup, the details of fines or penalties aren't being made public, making it difficult to judge quality.

Sacher said contractors have "certain rights," but this is something that they can look into. "I don't know that there's anything specific one way or another — it's certainly something we can look at."

Who pays for damaged curbs?

Damaged curbs are a common sight come spring

when the snow melts away and also a common complaint for councillors. Sacher said that if the contractor damaged the curb, they're responsible for its repair.

Asked what happens if contractors don't tell the city about the damage, Sacher said they have inspectors out and "when there's a piece of curb sticking up out of a freshly plowed piece of snow, it's pretty obvious what happened there."

1 NEWS



Lunch Bell Bistro general manager Josh Marantz said the restaurant would like to be self-sufficient within its second year of operation, and a catering service that's growing in popularity could be key to that success. SHANE GIBSON/METRO

Lunch Bell Bistro is feeding change

'Unique concept.'
Restaurant helping people with disabilities learn skills on-the-job



SHANE GIBSON
shane.gibson@metronews.ca

Patrons can be forgiven for not knowing exactly what is going on at Lunch Bell Bistro.

That's because the restaurant at 622 Main St. — which is staffed almost entirely by people with intellectual and developmental disabilities — had the plan to tell its story at a grand opening thwarted by last fall's civic election.

"We got kind of caught in the middle of it," said general

manager Josh Marantz, who explained the bistro quietly opened last August to give staff time to prepare for the grand opening. "It would have seemed anti-climatic to have a grand opening after all (that)."

The Lunch Bell serves up more than just great soup and sandwiches: it also serves as a school for developmentally challenged adults who spend 20 weeks getting on-the-job training they can later use to get work in the restaurant industry.

"It's a really unique concept," Marantz said, noting students come to the restaurant from Changes Supported Living Services. "They spend 10 weeks in the back of the house learning everything in the kitchen ... and then in the front of the house they

learn everything from taking orders, serving customers to how the float works."

All three levels of government pitched in to help get the bistro open. It's got enough funding for a year of operation, but Marantz would like to see the concept become self-sustainable as soon as possible — and the key to that, he said, is catering.

"And the good thing is our catering is taking off," he said of the city-wide service. "Everybody who's used us has used us again, and the list is growing."

Online

For more info, visit
lunchbellbistro.ca.



City looking to fast-track 24-hour cleanup notices

The chair of the city's public-works committee is aiming to fast-track 24-hour notices for drivers to move their vehicles during spring and fall cleanup.

Coun. Janice Lukes, the chair of the infrastructure renewal and public-works committee, said Tuesday's that the minimum 24 hours notice for "No Parking Restriction" signs before street cleaning should be in place this coming spring.

Brad Sacher, the city's director

of public works, told the committee that the public service agreed with the change and is including it in an overhauled parking bylaw currently under construction.

However, Lukes said the bylaw process can be a lengthy one, so the committee instead laid the matter over until the next public-works meeting to give Sacher time to see if it can be fast-tracked.

Coun. John Orlikow (Riv-

er Heights-Fort Garry), who brought forward the original motion in October 2013, told Metro "there wasn't enough notification, so that was the idea (behind the motion), to allow more time."


Under the current bylaw, signs could be posted as late as 9 p.m. for work scheduled for the following morning and 4 p.m. for work scheduled that same evening at 10 p.m.

BERNICE PONTANILLA/METRO



The shape of things to come

Officials with the 103rd Grey Cup, the 2015 FIFA Women's World Cup and the Festival du Voyageur unveiled a snow sculpture by David MacNair at the Manitoba Legislative Building on Tuesday morning, featuring the two big sporting events to be held in Winnipeg this year. COURTESY CHRISD.CA



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**ROBERTSON
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Local soldier marks 70 years of service

Milestone. Winnipeg Royal Rifles member Jack Walton is hanging up his trumpet after 'unheard-of' seven decades of service



SHANE GIBSON
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You'd be hard-pressed to find anyone who's served in the Canadian Armed Forces longer than retired master warrant officer Jack Walton.

The 83-year-old member of the Royal Winnipeg Rifles is finally officially retiring after 70 years of service.

That's a milestone the forces has deemed "unheard-of."

"I enlisted in 1945, February 10. I guess I can tell

Quoted

"I enlisted in 1945, February 10 ... I was 13 years old."

Retired master warrant officer Jack Walton

you now — they won't kick me out — I was 13 years old," said Walton at a news conference with his wife Shirley at Minto Armouries Tuesday morning.

"And here I am, 70 years later."

Walton said he pretended to be "16 going on 17" in order to enlist as a boy soldier because his dad Fred had been a Royal Winnipeg Rifles Band member and, as a trumpet player himself, it was something he couldn't wait three years to do as well.

Although he officially retired from the militia in 1987, Walton has spent the last 28 years volunteering

with the band.

"No one told me to go home, what else can I say," he laughed when asked why he stuck around so long.

"I love the atmosphere here, everybody's so nice you'd never believe it."

In a military career that's taken him across Canada and around the world — he was even on hand at the Royal Wedding of Prince Charles and Lady Diana Spencer — one of Walton's proudest memories was marching with the band down Main Street at the conclusion of the Second World War.

"That is something to see," he remembered.

"Confetti falling down... people hugging and kissing one another and singing."

The Royal Winnipeg Rifles held a special ceremony with a military parade Tuesday night to honour Walton's service.



Retired master warrant officer Jack Walton speaks to media Tuesday morning along with his wife Shirley before the Royal Winnipeg Rifles held a special ceremony Tuesday evening marking his 70 years of service with the Canadian Armed Forces. SHANE GIBSON/METRO

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Jeffery Wilson is a lawyer in an Ontario class-action lawsuit that blames the Canadian government for the loss of cultural identity of thousands of aboriginal children in Ontario. A similar lawsuit has been launched on the Prairies.
COLIN PERKEL/THE CANADIAN PRESS

'60s Scoop victims now suing Ottawa

Aboriginal people. Nearly 1,200 adoptees filed class-action lawsuit in Saskatchewan seeking compensation for 'cultural genocide'

Aboriginals who were adopted into white families during the so-called '60s Scoop are suing the federal government for their loss of culture and emotional trauma.

Almost 1,200 adoptees have filed a class-action lawsuit in Saskatchewan seeking compensation from Ottawa for "cultural genocide."

From the 1960s to the

Survivors in Ontario

Other lawsuits have been filed on behalf of adoptees. A class-action lawsuit by some survivors in Ontario in 2009 is still making its way through the courts.

1980s, thousands of aboriginal children were taken from their homes by child-welfare services and placed with non-aboriginal families, some in the U.S. Many consider the adoptions as an extension of residential schools, which aimed to "take the Indian out of the child."

David Chartrand, who joined the lawsuit, was taken from his Manitoba family at the

age of five and moved to Minnesota. "They wanted maids, butlers. They wanted slavery and to do it legally. We just fit that criteria," said the 52-year-old Métis man. "I was made to clean the house, be their slave, be the punching bag."

The lawsuit, which was filed last month, is seeking unspecified damages for everything from loss of identity to sexual and physical abuse.

Regina lawyer Tony Merchant said many of the children who were adopted weren't in unsafe homes but were taken simply as another way to assimilate aboriginal people.

"It was a part of taking red babies and trying to make them into white adults."

THE CANADIAN PRESS

Details of horrible find in rental locker revealed

A police application for a search warrant has revealed grisly details of how the remains of six infants were discovered at a Winnipeg storage locker last fall.

The application — contained in court documents and written by a police child abuse unit investigator — states officers were called to the west-end operation on Oct. 20 when employees discovered suspected human remains in a locker.

The unit was rented to a woman who owed more than \$276 in unpaid rent.

A worker told police he discovered "squishy" and "smelly" items inside garbage bags which had been stuffed into duffel bags and placed in plastic containers.

A police officer later told supervisors that he found what appeared to be a baby in a container before forensic investigators were called in on a warrant and discovered other infants in various states of decomposition.



The remains of six dead infants found in a storage locker were discovered in garbage bags, a pail and plastic containers. JOHN WOODS/THE CANADIAN PRESS

Police also seized soiled clothing, rags and towels, along with various bags, purses and containers.

Andrea Giesbrecht is facing six charges of concealing the bodies, as well as unrelated fraud charges and a count of breaching a court order.

Greg Brodsky, Giesbrecht's lawyer, has said he believes the babies were stillborn.

Police have said that it could take months of forensic examination before it's known who the parents were, how the infants died and whether they were full term.

Brodsky initially argued that if the remains turned out to be of less than 20 weeks' gestation, they would not be considered children under the law.

THE CANADIAN PRESS/CTV WINNIPEG

Epidemic

Researchers working to protect young pigs from deadly virus

Canadian researchers are working on how to protect young pigs from a deadly virus that has killed millions of animals around the world.

The porcine epidemic

diarrhea (PED) virus has killed at least eight million piglets in the U.S. since 2013.

It has been found at more than 70 hog farms and pork facilities in Ontario, Manitoba, Quebec and Prince Edward Island.

Genome Alberta says three research projects will share \$650,000 in funding from Alberta, Saskatchewan, Ontario, Quebec and the

federal governments.

The projects include developing a vaccine against the virus and how to detect PED in the environment and in food additives.

Much of the research is being done by a private company in Saskatoon, the University of Saskatchewan, the University of Montreal and the National Centres for Animal Disease in Winnipeg.

THE CANADIAN PRESS

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Fahmy. Harper reached out to Egypt's president: PMO

Prime Minister Stephen Harper has personally reached out to Egypt's president to secure the release of a Canadian journalist imprisoned in Cairo.

Harper's office won't say exactly when the overture between the prime minister and Egyptian President Abdel-Fattah el-Sissi took place.

"The Prime Minister has communicated with the president on this case. I'm not going to get into the specifics of the communication between the PM and the president, including the timing or details of that communication," Harper's spokesman Jason MacDonald said in an email.

Opposition Leader Tom Mulcair has called on Harper

to "personally" reach out to his Egyptian counterpart to secure the release.

Mohamed Fahmy was working for satellite news broadcaster Al Jazeera English when he was arrested in December 2013, along with two colleagues. They were accused of supporting the banned Islamist Muslim Brotherhood group of ousted Egyptian president Mohammed Morsi and were charged with fabricating footage to undermine Egypt's national security.

After a trial that was internationally denounced as a sham, Fahmy was sentenced to seven years in prison. Following an appeal in January, a retrial is set to begin on Thursday. **THE CANADIAN PRESS**

Unilingual Nicholson 'far from desirable': Couillard

Quebec Premier Philippe Couillard says he's disappointed with the appointment of a unilingual anglophone as Canada's latest foreign affairs minister.

Rob Nicholson was named to the post by Prime Minister Stephen Harper on Monday following the abrupt resignation of John Baird.

"We have a country, Canada, where there are two official languages," Couillard said Tuesday at the provincial legislature.

"It's a senior government post and I would have expected at least that the minister of foreign affairs could be able to say a few words in French."

He said the choice of the unilingual Nicholson was "far from desirable."

Couillard noted that Nicholson's predecessor was not fluently bilingual, but Baird was able to hold a conversation —

Quoted

"It's not too late to take courses."

Quebec Premier Philippe Couillard, says newly-appointed foreign affairs minister Rob Nicholson can take lessons to learn French.

or at least the beginnings of a conversation — in French.

The premier invited the new federal minister to take French lessons to improve his skills in the language of diplomacy.

International Relations Minister Christine St-Pierre said Harper should have made bilingualism a priority in naming a new minister.

"He represents Canada, he represents a bilingual country, he represents francophones and for us Quebecers, it's very important that the minister of foreign affairs speaks French," she said. **THE CANADIAN PRESS**

Arctic

DND concerned over spy drones

The country's chief of defence intelligence has taken an in-depth look at how Russia, or even China, could use drones to spy in Canada's Arctic in a wide-ranging report that was quietly flagged to some of the country's closest allies.

The report, obtained under access-to-information legislation, comes as Russia moves troops into a northern base near the Finnish border as part of an extensive military buildup.

THE CANADIAN PRESS

Doctor-assisted suicide

Notwithstanding clause will not be used: MacKay

Federal Justice Minister Peter MacKay said the use of the notwithstanding clause in response to last week's Supreme Court of Canada ruling on doctor-assisted suicide is not being considered. The court struck down the criminal ban on doctors assisting in the deaths of mentally competent but suffering patients. It gave the government 12 months to draft a replacement law.

THE CANADIAN PRESS



One twin gets part of dad's liver as the other waits

Michael Wagner, the father of Binh, left, and Phuoc, underwent an operation Tuesday to give part of his liver to one of the ailing three-year-old twin girls. Phuoc and Binh both have Alagille syndrome, a genetic disorder that affects the liver, heart and other organs. A post on the family Facebook page says Phuoc's new liver "looks great," but notes the next few days will be "critical." Doctors decided which of the twins would receive the transplant after the family said it could not do so. The Wagners are still waiting for a liver donor for their other daughter, Binh.

PHOTO: HANDOUT/THE CANADIAN PRESS FILE
TEXT: THE CANADIAN PRESS

Vatican may be asked to repeal old Papal edicts

Human rights. Many say Catholic decrees of 1455 and 1493 allowed for the ill treatment of aboriginal peoples

Canada's Truth and Reconciliation Commission is weighing whether to ask the Vatican to repeal the Papal Bulls of Discovery that granted 15th-century explorers the right to conquer the New World and the "heathen" aboriginals.

Chair Murray Sinclair says the commission examining the impact of Canada's Indian residential schools is looking carefully at the 1455 and 1493 Catholic edicts as part of its final report.

Many argue the proclamations legitimized the treatment of aboriginal people as "less

than human."

Crown sovereignty in Canada can be traced back to those papal bulls, and neither Canada nor the United States has repudiated them, Sinclair said.

A growing chorus in Canada is calling on the Vatican to help begin a new relationship with aboriginal people on equal footing. The discovery bulls, and others in the same vein that followed, gave Catholic explorers "full and free power, authority and jurisdiction of every kind" and outlined their "duty to lead the peoples dwelling in those islands and countries to embrace the Christian religion."

If aboriginal people refused, the Vatican granted its envoys the authority to enslave and kill.

If the commission recommends the bulls be rescinded, Sinclair said, it has to weigh the legal implications, which could strike at the core of Crown

Jordan's Principle

A study suggests aboriginal children often get poorer health care than other children while governments argue over who pays the bill.

- Co-author Vandna Sinha, a professor at McGill University, says the problem persists despite the federal government's position that there are no violations

of the so-called Jordan's Principle.

- Jordan's Principle holds that no aboriginal child should suffer denials, delays or disruptions of health services available to other children due to jurisdictional disputes. Jordan Anderson was a Cree boy who died in hospital in 2005.

sovereignty over land.

The United Nations appointed a special rapporteur in 2009 who found the bulls lie "at the root of the violations of indigenous peoples' human rights." The edicts have resulted in the "mass appropriation of the lands, territories and resources of indigenous peoples," the

UN found. They also form the legal basis of many modern-day land-claim disputes, it said.

For Keith Matthews, former chief of Simpcw First Nation in British Columbia, it's about "righting a historic wrong."

"I'm no animal. I'm a person, a human being," Matthews said. **THE CANADIAN PRESS**

AFN chief sets high hopes for meeting on missing women



Assembly of First Nations Chief Perry Bellegarde **THE CANADIAN PRESS**

It may not be the full-blown inquiry he would like, but the new national chief of the Assembly of First Nations says he still has high hopes for what is sure to be an emotionally wrought meeting later this month on murdered and missing aboriginal women.

Among the items on Perry Bellegarde's wish list: more federal and provincial money for housing, safe shelters, day

care and wellness centres; more programs to prevent violence; and greater co-ordination among the country's various police forces when it comes to investigating cases that involve aboriginal women. Above all, Bellegarde hopes the two Conservative ministers in attendance — Status of Women Minister Kellie Leitch and Aboriginal Affairs Minister Bernard Valcourt — will share what they

hear at the Feb. 27 event with their cabinet colleagues.

"We welcome their support. We welcome their attendance. We had hoped that they would take things back to their cabinet colleagues, that the dialogue and the discussions and recommendations from around the table for the ongoing support for this inquiry, or for an action plan," Bellegarde said.

THE CANADIAN PRESS

Malaysia

Opposition leader begins jail term

Malaysian opposition leader Anwar Ibrahim began a 5-year prison sentence on Tuesday after a court rejected his final appeal against a sodomy conviction, a decision he called a "murder of judicial

independence" and human rights groups condemned as unjust.

The case was widely seen at home and abroad as politically motivated to eliminate any threats to the ruling coalition, whose popularity has slowly been eroding since 2008. Anwar is a popular, vocal and visible symbol of the opposition's resurgence. **THE ASSOCIATED PRESS**

Argentina

Police find another person's DNA at lawyer crime scene

Argentine investigators said Tuesday they have found a second person's DNA in the apartment where prosecutor Alberto Nisman was found dead and have called in a

witness to check for a match.

Nisman's mysterious death came days after he presented a report alleging that President Cristina Fernandez had conspired to protect Iranian officials implicated in the 1994 bombing of a Jewish community centre in which 85 people died. Fernandez and Iran have denied the allegations.

THE ASSOCIATED PRESS

Exploration

SpaceX delays observatory launch

Dangerously high wind is keeping a deep-space observatory grounded for yet another day.

SpaceX called off Tuesday evening's planned launch of the Deep Space Climate Observatory with just 12

minutes remaining in the countdown. Wind gusts reached 115 mph several miles up, a safety concern.

It was the company's second attempt in three days to launch the spacecraft first envisioned by former vice-president Al Gore. SpaceX must launch the observatory by Wednesday or face a delay until Feb. 20. **THE ASSOCIATED PRESS**

Fighting picks up ahead of peace talks

Ukraine. Latest escalation of violence leaves 12 dead and 64 wounded as European leaders prepare to meet with Russia today

Diplomatic relations

Merkel has been vocal about reaching a peaceful solution between Russia and Ukraine, but the West appears less married to diplomacy as the sole road toward peace.

- **Arming Ukraine.** Despite meeting with Merkel, U.S. President Obama is undecided whether the U.S. will move to arm Ukraine with lethal defensive weapons should talks prove fruitless.

- **Russia responds.** The Kremlin has warned the West against sending weapons or pressuring Russia, which it says could destabilize the situation.

Fighting intensified Tuesday in eastern Ukraine ahead of crucial peace talks set for Wednesday, with both sides claiming significant advances. The government accused the Russian-backed rebels of shelling a town far behind the front lines, killing 12 people and left scores wounded.

The fighting, which the UN says has killed more than 5,300 people since April, comes ahead of a summit planned for Wednesday in Minsk involving the leaders of France, Germany, Russia and Ukraine.

Ukrainian President Petro Poroshenko said the talks were "one of the last" opportunities for ending the fighting.

"Tomorrow's meeting in Minsk offers one of the last chances to declare an unconditional cease-fire and pull

back heavy artillery," Poroshenko said Tuesday.

On Monday Germany Chancellor Angela Merkel met with U.S. President Barack Obama and Canadian Prime Minister Stephen Harper to secure support for a peaceful resolution.

THE ASSOCIATED PRESS



U.S. aid worker held by ISIL confirmed dead by her captors

Turi Whiting of Minneapolis leaves a bouquet of flowers at a "Pray for Kayla" sign in downtown Prescott, Ariz. on Monday. Kayla Mueller, a 26-year-old American woman held by militants from the Islamic State of Iraq and the Levant (ISIL), has been confirmed dead, her parents and the Obama administration said Tuesday. The White House said Mueller's family received a private message from her captors over the weekend, information that has been authenticated by U.S. intelligence. On Friday ISIL claimed Mueller had been killed during a Jordanian airstrike, a claim immediately denied by Jordan. The Pentagon has confirmed she did not die in one of the strikes and was killed by ISIL. **ROB SCHUMACHER/THE ARIZONA REPUBLIC/THE ASSOCIATED PRESS**

ISIL. Over 20K foreigners joining radicals: Officials

Foreign fighters are streaming into Syria and Iraq in unprecedented numbers to join the Islamic State of Iraq and the Levant (ISIL) or other extremist groups. At least 3,400 are from Western nations with 20,000 from around the world, U.S. intelligence officials say in an updated estimate.

Intelligence agencies now believe that as many as 150 Americans have tried and some have succeeded in reaching in the Syrian war zone. Some of those Americans were arrested en route, some died in the area and a small number are still fighting with extremists. **THE ASSOCIATED PRESS**

Nigeria. Boko Haram kill seven, abduct 30 in hijacks

Nigeria's Boko Haram Islamic extremists have abducted about 30 people including eight Cameroonian girls and killed seven hostages in two bus hijacks in Cameroon and Nigeria, according to Cameroon residents and a Nigerian intelligence officer Tuesday.

The bus attack took place

Sunday about 18 kilometres from Cameroon's border with Nigeria. Seven other hostages were slain and their bodies scattered near the border, said Chetima Ahmidou, the principal of a school in the area. The girls range in age from 11 to 14 and come from the town of Koza, he said. **THE ASSOCIATED PRESS**

Alabama officials voice opposition to gay marriage ruling



While Ernesto Mena was the sole protester outside Mobile County Probate court Monday, judge Don Davis refused to issue same-sex marriage licenses to the dozens gathered inside the courthouse. **SHARON STEINMANN/THE ASSOCIATED PRESS**

Gay marriage has come only to parts of Alabama after the state's chief justice sought to put the weddings on hold in defiance of a federal court order, echoing familiar refrains of resistance in the U.S. South to the involvement of federal courts.

The uneven marriage landscape left one thing certain Tuesday: The legal manoeuvring over gay marriage would continue in one of the country's most conservative states. It was a reflection of how deeply divided parts of the U.S. remain over the social issue, even as

the legal tide has swung sharply in favour of gay marriage.

A federal judge's ruling went into effect Monday overturning Alabama's ban on gay marriage after the U.S. Supreme Court refused the state's request to stop the marriages.

But Alabama Chief Justice Roy Moore directed probate judges to refuse the licenses and resist what he called an "illegal" intrusion by the federal court.

In another dissenting opinion, Justice Clarence Thomas criticized the Supreme Court's

order on Alabama, saying his colleagues were inappropriately signalling they intend to clear the way for gay marriage across the nation.

More Alabama courthouses allowed same-sex marriage Tuesday but other counties still refused, prompting a new round of federal court action.

So far, couples can marry in at least 10 of the state's 67 counties.

With the Alabama ruling, gay marriage remains banned in only 13 of the 50 U.S. states.

THE ASSOCIATED PRESS

U.S. Supreme Court ruling

The top U.S. court is expected to rule later this year whether same-sex couples have a right to marry anywhere in the U.S.

- **Firmly opposed.** In addition to Moore, Alabama Gov. Robert Bentley said he believes in traditional marriage, but that the issue should be resolved through legal channels.

Robots will cut labour costs in Canada 24%, report says

Growth. Robot usage forecast to rise 10% a year in the world's 25-biggest exporting countries, up from current 2% to 3%

Cheaper, better robots are expected to cut labour costs at Canadian factories by 24 per cent over the next decade as more companies replace human workers at a faster pace, according to a report issued Tuesday.

Globally, labour savings are expected to be reduced by some 16 per cent by 2025, the report by the Boston Consulting Group predicts.

Robots are getting cheaper. The cost of owning and operating a robotic spot welder, for instance, has tumbled from \$182,000 in 2005 to \$133,000 last year, and will drop to \$103,000 by 2025, Boston Consulting says.

And the new machines can



Robots install rivets on a 2015 Ford F-150 truck at the Dearborn Truck Plant in Michigan. Cheaper, better robots will replace human workers in factories at a faster pace over the next decade, pushing manufacturing labour costs down 16 per cent, a report from the Boston Consulting Group said Tuesday.

THE ASSOCIATED PRESS FILE

do more things. Old robots could only operate in predictable environments. The newer ones use improved sensors to react to the unexpected.

Robots will cut labour costs by 33 per cent in South Korea, 25 per cent in Japan and 22 per cent in the United States and Taiwan. Only 10

per cent of jobs that can be automated have already been taken by robots. By 2025, the machines will have more than 23 per cent, Boston Consulting forecasts.

In a separate report, RBC Global Asset Management notes that robots can be re-programmed far faster and

more efficiently than humans can be retrained when products are updated or replaced — a crucial advantage at a time when smartphones and other products quickly fade into obsolescence.

The rise of robots won't be limited to developed countries with their aging, high-cost workforces. Even low-wage China will use robots to slash labour costs by 18 per cent, Boston consulting predicts.

Increasing automation is likely to change the way companies evaluate where to open and expand factories. Boston Consulting expects that manufacturers will "no longer simply chase cheap labour." Factories will employ fewer people, and those that remain are more likely to be highly skilled. That could lure more manufacturers back to Canada and the United States from lower-wage emerging market countries.

THE ASSOCIATED PRESS, WITH FILES FROM THE CANADIAN PRESS

Cyberattacks. Hackers can't be kept out: Experts

As hackers routinely overwhelm computer defences, experts say cybersecurity is beyond due an overhaul.

Their message: neutralize attackers once they're inside networks rather than fixating on trying to keep them out.

According to U.S. cybersecurity company FireEye, 229 days is the median length of time attackers lurk inside their victims' computers before being detected or revealing themselves, underscoring the weakness of conventional tools in identifying intruders.

Experts aren't suggesting organizations stop deploying perimeter defences such as anti-

Newsweek Twitter hack

The Newsweek Twitter feed was briefly hacked Tuesday, purportedly by the Cyber Caliphate, a hacker group affiliated with ISIL.

- The posts included a message targeting U.S. President Barack Obama, his wife Michelle and their daughters.

virus software or firewalls. But they say a strategy that could be likened to laying traps is needed to counter the sophisticated hacks. THE ASSOCIATED PRESS

Market Minute



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Robot getting artificial intelligence

Japanese mobile carrier Softbank said Tuesday it will incorporate artificial-intelligence technology from IBM into its empathetic robot Pepper that goes on sale in Japan this month.

The AI engine Watson is already used in health care, travel and insurance services in English, but an adaptation

was needed to make it work and think in Japanese, said Steve Gold, vice-president of IBM Watson Group. Unlike other cognitive technology that responds rather mechanically, Watson can learn over time like a human brain and understands the concept of probability, which makes it very sophisticated and more

human-like, according to IBM.

Watson will be used in Pepper, Softbank's empathetic robot going on sale in Japan this month for 198,000 yen (about \$2,000) and will make for a smarter, more charming companion, he said.

Pepper has a stunned face, a bit like C3PO in Star Wars,

and moves around on wheels. In early demonstrations it was a bit mechanical in its responses. Gold said Watson will change that.

A call centre using Watson will get the caller to the right solution more quickly and make for a less frustrating consumer experience, he said. THE ASSOCIATED PRESS

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VOICES

VACCINES FOR KIDS SHOULD BE MANDATORY



KRISTIN THOMPSON
readers@metronews.ca

Ready for your daily dose of controversy? I believe strongly in childhood vaccinations. Wait, I'm not done. I believe they should be mandatory.

I can feel thousands of readers bristling right now. This is a sensitive topic because most of us love our children, and most of us want what is best for them. But that doesn't mean we are always acting in their best interest. And that's when the government should step in.

Here's why: We need a 95 per cent vaccination rate for herd immunity to protect against contagious diseases, and according to UNICEF, Canada's rate hovers around 84 per cent. So until we raise the immunization rates, we are all at risk.

If you think the government has no right to meddle in how we care for our children, you're wrong. It meddles every day, and rightly so.

It intervenes when children are raised in filthy homes, allowed to ride in cars without seatbelts, left unattended at home, or refused life-saving medical treatment. Religion, culture and ideology do not trump these laws.

Why is it different when parents say "no" to childhood vaccines?

Maybe because it was less of an issue a decade ago. Vaccination rates are declining, according to the U.S. Center for Disease Control, due in part to a growing culture of distrust in big pharma and regulatory agencies. What this means is we need better education campaigns and more transparency into vaccine safety and oversight.

The reality is we've been inoculating against deadly diseases for more than 200 years, and the science is well-established: Vaccines are safe and a crucial component of childhood and community health. Ingredients undergo rigorous testing and serious reactions — which are incredibly rare — are highly monitored.

The diseases we vaccinate against can be fatal — they kill hundreds of thousands of children in developing countries every year. And they can return when vaccination rates decline. That means the benefits of vaccines by far outweigh the risks.

So why do we allow parents to gamble with kids' lives — their own kids, or the lives of newborns and other peoples' children who can't be immunized for health reasons — by refusing vaccinations? Especially



The diseases we vaccinate against kill hundreds of thousands of children in developing countries every year. GETTY IMAGES

when the science is so clear, and the dangers so terrible?

This is not a debate about individual rights versus public health, because kids are not extensions of us — they are individuals with their own rights.

The debate is where to draw the line when it comes to parental freedom of choice.

Parenthood, in the wise words of my father, is not a right but a privilege, and that's an important distinction. It's not our "right" to make any choice we want for our kids, it's our duty to make wise ones, ones that set them on the best path.

That's why when a parent makes a choice on behalf of the child that puts that child or others at serious

risk, regardless of their intentions, society should step in.

Is this dangerous government overreach? Slovenia and Croatia don't think so. Both countries have made vaccinations mandatory for nine specific diseases.

Croatia's Constitutional Court said it best when it ruled "the child's right to health is more than the rights of parents to the (wrong) choice."

That country's decision to overrule parental freedom for the sake of community well-being means that diphtheria, whooping cough and measles have been eradicated there.

In fact, 14 European countries have at least one mandatory vaccination included in their program.

So what would happen if Canada also imposed mandatory vaccinations? Many parents would be up in arms. But ... so what?

We live in a highly relativistic society and tend to wring our hands endlessly over respect for other people's points of view, even when those views are contrarian. But when people choose to reject clear scientific evidence in favour of their own misguided beliefs, the hand-wringing should stop.

Especially when the well-being of children is involved.

3-DNA-sourced babies

'There is a line and we're crossing it. I think we can cross it if we are extremely cautious': Bioethicist

With the three-parent IVF technique recently getting the green light in the U.K., debate is brewing in Canada about the controversial procedure.

While it is currently illegal in Canada under the Assisted Human Reproduction Act of 2004, proponents say it would allow couples to have healthy children in cases where the mother might otherwise pass on mitochondrial disease. Moreover, these children would be almost entirely genetically their own offspring.

Metro asked Kerry Bowman, a bioethicist with the University of Toronto, for his take. The following has been edited down from a longer interview:

You've said before that you give the technique cautious approval. Why?

Approval is a bit strong. I get it with three-person reproduction and why you would want to do this. By doing so you can hopefully prevent the suffering and early death of babies and young children. There's something called mitochondrial disease and if you do this technique, hopefully — if it goes well — you could

Is three-parent IVF a fair term?

"Some people would say it is an overly dramatic term and it's inaccurate, because there's really two genetic parents. I don't really agree with that, because the child wouldn't be born if you didn't have the third input from the third parent, so I think it is actually an accurate use of language."

Kerry Bowman, bioethicist

avoid that. But we are crossing a line. Some people say what we are really doing is genetically altering an unborn child. We're actually changing what's called the human germ line. And some people say, 'Well, what does that matter?' But when people are looking at their identity, they're studying their ancestry and who we are as people, our geographical origins from an evolutionary point of view, migration

point of view — that's all traced through mitochondrial DNA. Identity isn't necessarily about percentages; it's about what your story is.

So you're saying this is significantly different from other reproductive assistance technologies? Yes, this is the first time it would be inheritable, passed down from generation to generation. So there are a lot of things to consider. What are the risks? Unknown. There are no foreseeable risks but that doesn't mean no risks will occur.

What other applications could this type of technology have? We don't have the capacity yet, but this is the type of technique that could be used to genetically enhance unborn babies, so designer, babies, essentially. I don't think that would be the right thing to do. But I think with mitochondrial DNA, the biggest thing is that there is a line and we're crossing it. I think we can cross it if we are extremely cautious.

What specific policies would you suggest we adopt then? I fully acknowledge that right

A simplified explanation:

The technique takes the nucleus of a mother's egg and places it in a donor's egg, from which the nucleus has been removed. This new egg contains the donor's mitochondria (but not the mother's). It is then fertilized with the father's sperm.

- In this way, the child inherits the vast majority of its DNA from the mother and father, but inherits the mitochondrial DNA from the donor mother.

now it is illegal, but a lot has changed since 2004. A lot. So I think you would need to go case by case, and the only cases that would be allowed — if it were going to be allowed — would be for cases of mitochondrial disease. And I think it would be wise to wait to see what happens in Britain.

INTERVIEWED BY EMINA GAMULIN/METRO

Gossip

NED EHRBAR

METRO'S TAKE ON
THE WORLD OF
CELEBRITIES



Jon Stewart GETTY IMAGES

Stewart writes his Dear Jon letter to Comedy Central

Jon Stewart will be leaving *The Daily Show* after nearly 17 years, he announced to the audience of Tuesday night's episode. The comedian, writer and director took over in 1999 from Craig Kilborn, slowly turning the fledgling newscast spoof into a cultural and political force, taking politicians on both sides of the aisle, the media and even himself to task for any misstep, while also launching the careers of Stephen Colbert, Steve Carell

and John Oliver.

"For the better part of the last two decades, I have had the incredible honour and privilege of working with Jon Stewart. His comedic brilliance is second to none," Comedy Central president Michele Ganeless said in a statement. "Jon has been at the heart of Comedy Central, championing and nurturing the best talent in the industry, in front of and behind the camera. Through his unique voice and vision, The

Daily Show has become a cultural touchstone for millions of fans and an unparalleled platform for political comedy that will endure for years to come."

No set date for Stewart's departure was announced, though Ganeless did say the host would continue on the show "until later this year." Stewart first took a leave of absence from the show to direct his feature film, *Rosewater*, leaving Oliver to sit in for him.

Weird Al gets Whiplashed

Weird Al Yankovic is taking the prep for his upcoming world tour very seriously. Maybe a little too seriously, according to a new College Humor video that pits Yankovic against Oscar nominee J.K. Simmons' terrorizing Whiplash music teacher. If you've always loved tense Oscar movie standoffs and accordion-drenched polka, but never dreamed of the two flavours blended together, this is your moment.



Weird Al Yankovic



Chrissy Teigen and John Legend

Did John Legend get busy at an Obama fundraiser?

Barack Obama's 2008 presidential campaign was really, really inspiring — and apparently a turn-on for John Legend and Chrissy Teigen. When asked on the Grammys red carpet about the best public place they've ever made whoopee, Teigen blurted out, "Probably the Obama thing." But when pressed for details, Legend clammed

up. "We're not talking about that. We're not going to discuss that," Legend insists. Teigen at least wants to make clear that it was "not at the White House," with her husband teasing that the dirty deed took place before Obama was elected. So, who wants to go back and check what campaign stops Legend appeared at in 2008?

Study proves key female roles are on the wane

If you've felt like actresses aren't getting the same opportunities as their male counterparts in Hollywood, you're on to something. And now there's actual, verifiable proof of your hunch. A new study by the Center for the Study of Women in Television and Film at San Diego State University has found that women only comprised 12 per cent of the protagonists in 2014's top-grossing films, while they'd been at 15 per cent in 2013 and 16 per cent in 2012. So just because *The Hunger Games* and *Maleficent* did really, really well last year, don't be fooled. "There is a growing disconnect or gap between what we might perceive as being the current status of women in film and

their actual status," says the study's author, Martha Lauzen. "A few high-profile cases can skew our thinking." OK, fine, but how do we fix it?

Angelina Jolie as Maleficent



Double the Spider-Man, half the Garfield

Good news for comic book movie fans, but not so much good news for *Amazing Spider-Man* star Andrew Garfield. Marvel has hashed out a deal to regain creative control of one of its highest-profile characters without the beleaguered Sony having to lose one of its two remaining bankable franchises — the other being *Bond*.

According to a statement from Marvel, "the new Spider-Man will first appear in a Marvel film from Marvel's Cinematic Universe. Sony Pictures will thereafter release the next instalment of its \$4-billion Spider-Man franchise, on July 28, 2017, in a film that will be co-produced by Kevin Feige

and his expert team at Marvel, and Amy Pascal, who oversaw the franchise launch for the studio 13 years ago. Together, they will collaborate on a new creative direction for the web-slinger. Sony Pictures will continue to finance, distribute, own and have final creative control of the Spider-

Andrew Garfield



Man films."

Unfortunately, when they say "the new Spider-Man," they're not kidding. The Hollywood Reporter claims that current Spidey star Andrew Garfield will not be involved. Now, the real question is which Marvel film Spider-Man first pops up in. The smart money is on *Captain America: Civil War*, due out in May 2016, but wouldn't it be awesome if he snuck into this year's *Avengers* sequel?

Uma, is that you?



Uma Thurman GETTY IMAGES

A change of face for Thurman

You might just have to take our word for it that you're looking at a photograph of Kill Bill star Uma Thurman, who hit the red carpet for NBC's *The Slap* looking nearly unrecognizable. Her minimal makeup look seems like a perfect opportunity to illustrate just how much of a difference eyeshadow and eyeliner can make. Seriously, it's remarkable. Or maybe it's just the contrast between the very red lipstick and the nearly makeup-free eyes. Or the lack of distinctive bangs. Or the fact that she didn't really feel like smiling.

NED EHRBAR / MWN

The Slap a star-powered character study

TV. Eight-episode series examines the aftermath of a moment of discipline

LISA WEIDENFELD
Metro in New York City

The Slap represents a new step for NBC. The hour-long show is a drama based on an Australian program, but it's a limited episode run, with only eight shows in its season, and a serious list of prestige players took part. The *Kids Are All Right* director Lisa Cholodenko directed every episode, playwright Jon Robin Baitz wrote it, and the show stars Peter Sarsgaard, Thandie Newton, Zachary Quinto and Uma Thurman. The action centres around a group of Brooklynites whose urbane existence is shaken up when one of them (Quinto) slaps another's misbehaving child at backyard barbecue.

Asked what it's like playing the person at the heart of the action, Quinto says, "It's only the centre of the controversy because it's the incident. There

Peter Sarsgaard and Zach Quinto star in *The Slap*. HANDOUT

are so many other things that are happening and there are so many other levels of complexity in each of these characters. They all have their own epicentre of disaster in their lives."

The series examines ideas of parenting in America, always a heady topic, as there's a clash between the Greek immigrant family on one side of the debate, and the longtime U.S. residents on the other. Is the slap child abuse, or an accepted

mode of discipline for a rowdy child? Despite the fact that these are all people who are close enough to attend a party together, Quinto says the characters will "very clearly" divide into camps, but on a broader scale, he hopes audiences are more torn.

"I think if it works, there'll be a lot of going back and forth," says Quinto.

"I like to hold a mirror up to the audience and I like for them

to take responsibility for their feelings and their thoughts and their beliefs."

It's a new direction for Quinto, who many audiences know from his work as Spock or as the villainous Sylar on *Heroes*.

"I was thrilled to get the opportunity to do this. I've known Robbie (Baitz) for years. I'm a big admirer of his work," says Quinto.

"I'm drawn to things that invite an audience in and light

Genre hero

• Though Quinto is making the change from genre to a more straightforward drama, he's still getting into trouble. "(My character) Harry is arguably the villain of the series, but in a very human way, so for me it was about getting into a world that was not elevated or supernatural or science fiction. This is a very human world. So now that I've had the opportunity to do that, I feel a sense of closure on the sort of villainous aspect of my persona."

• Just how goofy can Quinto get? He says he's "looking forward to a future of varied opportunities," and jokes that what's coming next will be "some lighter fare."

a little bit of a fire to generate some discourse, dialogue, debate, and it doesn't give the audience the answer. There's no clear-cut point of view with this story and I like that."

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Jake Johnson has made up a new rule for True American, the show's beloved drinking game. HANDOUT

What's New with the Girl?

TV. Jake Johnson chats about his character, his cast and the game that's caused a stir

LISA WEIDENFELD
Metro in New York City

Midway through its fourth season, New Girl is still finding new situations to throw its oddball loft residents into. This season has seen the characters exploring new careers, as Winston tries life as a cop, Jess takes on leadership responsibilities at her school and Nick and Schmidt decide to team up and sell sweatsuit suits. But that doesn't mean the show isn't going to give the people a little bit of what they love about the show. We talked to Jake Johnson (Nick) about what's ahead for the show, and a new confusing rule for their famous history-based drinking game, True American.

Will we see more True American this year?

Absolutely. I think we'll see True American for as long as the show goes.

Are you an expert on the game at this point?
Here's the reality, and it's disappointing for fans who want it to be something it's not. I say this as an expert, because I've been in every True American scene, and I was there when it started: There are no rules.

You guys are just making it up?
The guy who wrote the first one, Luvh Rakhe, came to set and said, we haven't figured this one out. It's some sort of a drinking game. And then we all started saying things that we used to do in drinking games.

So you just throw in anything you can think of.
It's like the chop suey of drinking games. Anything you got, throw it in. If you're playing quarters and want to turn it into True American, you can. Just add it, and it's True American.

Well, there's a president on

Look out for it

Anything else you can tease about what's coming up on the show?

- Justin Long is coming back, Josh Gad is coming back. So we got some good stuff coming up.

the coin.

That's right. That's what it is. You have to say a president if you hit it, then you point to who drinks and that's your vice-president. If they don't know the vice-president of the president you named, they have to take two drinks.

We just saw Nick get dumped. What's coming up for him?

Nick's going to be single a bit. I'd like to see Nick date a little bit. I'd like to see him find somebody. I just texted Liz Meriwether, maybe it's time Nick gets in a relationship. Hopefully she'll listen. I'd like to date someone who's a really good actor and do a bunch of stories with them.

Spinoff series



Bob Odenkirk stars in Better Call Saul. HANDOUT

Saul debut among most watched in cable history

AMC's new Breaking Bad spinoff got off to an excellent start on Sunday evening, attracting 6.9 million viewers. This was the second-most-watched premiere in U.S. cable history, just behind the first episode of The Closer.

Bolstered by The Walking Dead as its lead-in, Better Call Saul premiered Sunday, Feb. 8 on AMC to an audience of 6.9 million. The prequel series about the lawyer Saul Goodman got off to a much stronger start than Breaking Bad, which debuted in January 2008 to 1.4 million viewers.

AFP



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3
FREE

Cali's sand and surf combo

Adventure. Just a quick flight separates ski and surf in the Golden State's south

MIKE
DOJC
life@metronews.ca

Shredding powder and riding frothy swells may be mutually exclusive pursuits but just as chefs routinely indulge palates by putting lobster and steak on the same plate, skiing and surfing don't have to be getaway strangers, even in the dead of winter. Indulge in the best of both worlds in Southern California by pairing a ski vacation at Mammoth Mountain with some surfing in San Diego.

Some like it cold

Mammoth Lakes, a quick flight from San Diego, L.A. or San Francisco, is a snowy town that sits atop a sleeping volcano in a valley on the eastern side of the Sierra Nevada Mountains. A West Coast winter wonderland, Mammoth is home to the third most popular ski mountain in the U.S. after Vail and Breckenridge. Forget about California concrete — that heavy, wet, gloppy snow associated with other parts of the Golden State.

Mammoth's pillowy white stuff is as fluffy and cuddly as the Ice Age flicks. The mountain tends to get covered in a lighter snow owing to its 11,000-foot elevation, and because it's predominantly north-facing, the snowpack stays fresher longer, allowing for an extended season. The mountain has stayed open as late as July 4.

Intermediate skiers keen to climb to the summit for a sick 360-degree view of alpine peaks and indelible white-



Mammoth Mountain's 11,000-foot elevation guarantees plenty of fluffy white powder. TERRY BARENTSEN

Sky high

Keep the adrenalin pumping by jumping off a 300-foot cliff at Torrey Pines Gliderport. Tethered to a giant kite, you'll soar like an eagle over Black's Beach and one of Cali's most storied golf courses. Tandem paraglides with a USHPA-certified instructor are \$175 and be sure to get there a little early to sign and initial a sheaf of paperwork about as thick as a small-town phone book.



If ski and surf aren't enough, try paragliding over Black's Beach. TERRY BARENTSEN

capped minarets are in luck. Exit the mountain-topping Panorama Gondola and peel right toward the blue square-rated Upper Road Runner; a leisurely three-mile-long cat track that offers plenty of scenic vistas as it winds its way back down to Main Lodge.

Stay: Steps from the village and a gondola to the slopes, the Westin Monache Resort puts you in the heart of Mammoth. Plus, the breathtaking Mountain view from the outdoor hot tubs doesn't hurt.

Après-ski

For a taste of Cali-style barbecue, line up for a table at The Smokeyard BBQ & Chop Shop in Mammoth village. The shop is ostensibly a purveyor of smoky, finger-licking carniv-

orous delights; their brontosaurus-sized beef ribs will lull you into a Flinstonian meat coma. But outside an array of slow-cooked animal-flesh options are a couple unexpected menu items that shout out to the South African proprietors' culinary heritage. There's a mildly spiced durban curry as well as potjiekos (a popular Rainbow Nation stew) on offer. Next, toast to the high altitude lifestyle with a brew or two from Mammoth Brewing Company. Sip on a Fire & Eisbock, practically Mammoth in a bottle. Lava rocks heated up under an open fire dropped into the boil lend it a caramelized flavour and post-fermentation freeze distillation amps up the alcohol content.

Some like it hot

San Diego's 90 kilometres of sun-kissed playa has something for both beach bums and adventurers. For communing with bohemians and the dazed and confused set, head to Ocean Beach. For a wave-riding initiation, La Jolla Shores is the place. The scenic cliffs and caves block south swells, creating a protected bay for most of the year. Even if your idea of hanging 10 is holding onto the rim of a basketball hoop, the vivacious and confidence-instilling instructors at Surf Diva (2160 Avenida de la Playa) will have you up and riding in no time. Private one-hour surf lessons can be had for \$93.50 or \$99 for Stand Up Paddleboarding, with lower per-person rates for small groups.

Après-surf

Recap the day's exploits while sipping on something at Hard Rock Hotel San Diego's rooftop bar FLOAT, a posh lounge with firepits and cocktail waitresses in outfits snatched from Jessie J's closet.

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Kale shows off hearty side in soup

Dinner. The green that is typically thrown into smoothies or salads is the star in this warming dish that also features potatoes and sausage



DINNER EXPRESS
Emily Richards
food@metronews.ca

FLASH FOOD



From your fridge to your table in about 30 minutes

The month of February is the perfect time to enjoy some great sports and, of course, delicious food.

Even though football has died down, basketball and hockey are holding strong, along with curling and the golf tournaments that make me wish for warmer weather.

So as I was thinking about all these hard-working athletes and what I would cook for them, my mind went to a winter warm-up recipe in which soup grabs the spotlight.

I'm convinced soup would hit the spot for many athletes and sport watchers alike.

So here is a great winter warm-up soup that is easy to serve to your family for a weeknight meal or to friends when they come over to watch the game. It also works well for a lunchtime meal.

This soup has a rich broth full of sausage, potatoes and greens that add fibre and a hearty taste.



This Chunky Sausage and Kale Soup recipe serves six to eight. EMILY RICHARDS

Directions

1. In large soup pot, heat oil over medium-high heat and brown sausages on all sides. Remove to cutting board, cut into slices and return to pot.

2. Add onions, carrot, celery and garlic and cook, stirring for about 5 minutes or until softened. Add potatoes and stock. Bring to boil, cover and reduce heat and simmer for

about 15 minutes or until potatoes are tender when pierced with fork.

3. Meanwhile, chop kale and Swiss chard to make

about 12 cups (3 litres) of lightly packed greens. Add to sausage mixture and simmer uncovered for about 15 minutes or until greens are tender.

Ingredients

- 1 tbsp (15 ml) extra virgin olive oil
- 1 lb (500 g) fresh chorizo, Italian, farmer's or chicken sausages
- 2 onions, chopped

- 1 each carrot and celery stalk, chopped
- 2 cloves garlic, minced
- 4 Yukon Gold potatoes, (about

- 1 1/2 lbs/750 g) peeled and chopped
- 10 cups (2.5 l) low-sodium beef stock
- 1 small bunch kale, with the tough

- ribs removed
- Half bunch Swiss chard, trimmed

Dinner or lunch

Stracciatella Soup

This soup is perfect when there is nothing but eggs left in the fridge.

Stracci means "little rags" which is what the egg mixture forms when stirred into the stock.

By including the parsley, you add colour and extra flavour.

If you happen to have some spinach in the crisper, add about 1 cup (250 ml) thinly shredded spinach to this soup. A chopped red pepper would be delicious, too.

For a different twist try using Pecorino Romano cheese for the Parmesan.

- 6 cups (1.5 l) chicken stock
- 4 eggs
- 1/3 cup (75 ml) grated Parmesan cheese
- 3 tbsp (50 ml) chopped fresh Italian parsley
- Pinch pepper
- Pinch fresh nutmeg

1. In saucepan bring stock to boil, reduce heat and simmer.

2. Meanwhile, in bowl, use fork to beat together eggs, cheese, parsley, pepper and nutmeg. Using a spoon to stir, slowly drizzle egg mixture into stock.

3. Simmer, stirring for about 3 minutes or until egg is set. EMILY RICHARDS

Cheese adds a nice flavour to this simple soup.

ISTOCK



This recipe serves four. MATTHEW MEAD/THE ASSOCIATED PRESS

Clams, croutons and broth — oh, my!

1. Heat the oven to 350 F. Line a rimmed baking sheet with kitchen parchment or foil.

2. Arrange bread cubes on the prepared baking sheet, then mist with olive oil, tossing to coat all sides. Sprinkle with salt and pepper, then toast in the oven until golden, about 10 minutes, stirring halfway through. Remove croutons from oven and allow to cool.

3. Meanwhile, make soup. In a large, heavy saucepan or Dutch oven over medium heat, melt the butter. Add the shallots and cook, stirring often, until soft, about 5 minutes. Crumble the

soy chorizo and add to the pot. Cook until lightly golden, about another 5 minutes. Add the garlic and cook another minute, or until very fragrant.

4. Sprinkle with flour, then stir. Increase heat to medium-high and add the wine, stirring constantly for about 1 minute to deglaze the pan. Add the chicken stock and water, then bring to a simmer. Taste and season with salt and pepper, as needed.

5. Stir in the kale, then gently add the clams. Cover the pot and let the clams steam just until they open, about 4 minutes, removing the clams

as they open and discarding any that don't. Remove the pot from heat and stir in the lemon juice, then ladle into serving

bowls. Top with croutons and parsley. THE ASSOCIATED PRESS/ MELISSA D'ARABIAN, AN EXPERT ON HEALTHY EATING ON A BUDGET AND AUTHOR OF SUPERMARKET HEALTHY.

Ingredients

- 3 slices French or Italian bread, cut into 1-inch cubes
- Olive oil cooking spray
- Salt and ground black pepper
- 3 tbsp butter
- 4 shallots, sliced
- 1/2 lbs soy chorizo sausage, casings removed (if any)
- 3 cloves garlic, minced
- 1 tsp all-purpose flour
- 2/3 cup dry white wine
- 2 1/2 cups low-sodium chicken stock
- 1/2 cup water
- 3/4 bunch kale, stems discarded, chopped (about 1 1/2 cups)
- 2 lbs fresh clams, scrubbed
- 1 tbsp lemon juice
- 1/2 cup chopped fresh parsley



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Seeking out an inclusive workplace environment

Career. How to know if an employer is welcoming towards individuals with disabilities

CAROLINE
RUDOLPH-ZBARSKY
TalentEgg.ca

Getting a job if you have a disability can be easier than you might think if you know where to look.

Today, companies want to be more inclusive of the Canadian workforce and more reflective of the customers that they serve.

My experience as an employment specialist has shown me that companies often don't know where to go to find diverse talent. Recent graduates with disabilities are often afraid to apply for their ideal positions for fear of discrimination through the recruitment process without realizing those employers may be seeking someone with precisely their profile. Below are a few tips for finding employers committed to recruiting and retaining diverse talent.

Diversity and Inclusion (D&I) partnerships

Identifying employers that sponsor, partner with and/or support organizations and associations committed to D&I is one way to know if an employer is inclusive. Such employers typically have a culture that is open, accommodating, and values diversity. Research which employers support these efforts.

There are numerous major Canadian D&I organizations worth checking out.

Here are some of my favourites:

- The Canadian Centre for Diversity and Inclusion (CCDI): This organization provides tools and support to employers looking to become more inclusive.
- The Job Opportunity Information Network (JOIN): With more than 60 employer partners, their Business Leadership Network consists of more than 30 employers who are committed to promoting the hiring of persons with disabilities.



With the right employer, you can find a perfect fit, including accommodations in both the infrastructure and the workplace culture itself. ISTOCK

- Canadian Business SenseAbility: A national organization run by private-sector business leaders aiming to accelerate business success through the talents of persons with disabilities.

The Google test

When evaluating a company's commitment to D&I, start with a simple online search, which can be surprisingly effective.

Companies aren't shy about communicating and promoting their values: They want clients, staff, prospective employees and stakeholders to know their organizational beliefs, goals and commitments.

When attracting the best

talent, they want to demonstrate why they are an employer of choice. It's also good for business; people prefer to deal with companies with good cultures and core values.

Searching for the employer 'name + diversity + Canada' gives a pretty good overview of their commitment level.

Check their website to see if they have a diversity section, learn about their inclusive practices, what causes they support and their current initiatives.

Companies that support inclusive hiring will make an effort to highlight this on a diversity page.

Are they award-winning?

To be recognized with an award, companies must be doing a few things right. Numerous organizations recognize the efforts of employers who are making an impact with their diversity and inclusion practices.

The two following awards are to me the more prestigious out there. Take a look at the lists and see which employers have won awards and why.

The Canada's Best Diversity Employers list recognizes Canadian employers with "exceptional workplace diversity and inclusiveness programs." The 100 winning employers (all in Canada) are a strong core of more than 3,500 companies that participated in the competition.

Both the DiversityInc Top 50 List and the DiversityInc Top 10 Companies For People With Disabilities are a rich database of inclusive global companies with operations in Canada.

Their ranking mechanism is quite detailed, including factors such as inclusiveness of their career application process, the level of on-the-job accommodations offered, their focus on working with vendors owned by persons with disabilities and the presence of certain benefits such as telecommuting and employee resource groups.

Major conferences and job fairs

Participation and support of diversity and inclusion events are great indicators of the level of inclusiveness at a particular company. Companies attend these events because it is important to their values.

- At recruiting sessions, they are looking for diverse talent. Here you can meet and network with individuals responsible for recruitment initiatives

to promote inclusion at their organizations. At conferences and seminars advocating for inclusive practices you can connect with employers, who support these initiatives.

- You can also follow organizations committed to D&I on Twitter and LinkedIn and join their mailing lists to ensure you don't miss out on any upcoming events.

Success as an intern or volunteer

Career. Choosing which works best for great career experience

LAUREN
MARINIGH
TalentEgg.ca

What's the difference between an internship and a volunteer role?

Both roles have similarities, but there are qualities in each role that may or may not suit your current lifestyle or position.

Here are two things to consider when selecting your next opportunity.

Commitment

An internship may not allow much flexibility in your schedule. Most internships run during regular business hours — five days a week. This means you will have limited time to earn an income outside of your role. Depending on the compensation for the internship you're considering, this may not be beneficial if you have bills and rent to keep up with.

Volunteering has more flex-

ibility, since most gigs don't require an extensive time commitment.

It provides you with a chance to get involved and gain experience, but also earn income and go to work on the side. However, since you won't be putting in as many hours, or doing the work as regularly, it may take longer to adjust to the role and sharpen those skills.

Make sure to lay out your commitments: How big an impact will taking on your new role have on your current schedule? If this opportunity is worth taking time away from a steady income, how can you arrange your budget so you don't end up in the red?

Environment

Taking on an internship will give you great experience to add to your resumé, and allow you to network. This is especially valuable for students and new graduates who are looking for a great foot-in-the-door role.

There are many industries that present volunteer opportunities as well.

However, volunteering often takes place in a more laid-back setting.

Chances are you'll be work-



Internships often take place in a professional environment, allowing you to experience working in an industry role with veterans in your field.

ISTOCK

ing with other volunteers, and while there will likely be some people who can provide valuable career advice and mentorship, it probably will not give you the same workplace experience of deadlines and urgency.

Having said this, volunteer experience is still valuable on your resumé, even if not directly related to your industry.

There are often transferable

skills that you can showcase to a potential employer. It all comes down to what you want to gain.

Is the workplace culture and environment very important to you when gaining experience?

Or are you comfortable working from home or your set volunteer location in a more relaxed setting? Either way, you'll get great rewards out of either role.



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Not only genetic factors influence fertility. ISTOCK

New culprits affect fertility at start and end of reproductive years

Women's health. Sugary drinks during puberty and chemicals later on in life can have an impact

EVA KIS
Metro in New York City

As women continue to delay motherhood, the precise span of their fertile years becomes more vital to chances of conceiving.

But science is finding more evidence that it's not only genetic factors that can influence fertility.

Two recent studies focused on products that have a significant effect on a woman's reproductive health, from puberty to menopause.

Sugar and puberty

Sugary drinks are not just bad for oral health and metabolism — they could be speeding up puberty.

A study of more than 5,500 girls aged nine to 14 found those who drank more than one-and-a-half servings of sugary drinks a day had their first periods almost three months earlier than girls who drank two or fewer such drinks a week. The scientists at Harvard Medical School accounted for body mass index, height, diet and how much the girls exercised.

Drinks with added sugar have a higher glycemic index, which cause a spike in insulin, than naturally sweetened drinks such as fruit juices (which, along with diet sodas, were not associated with a difference in the start of puberty).

Higher insulin levels in the blood can stimulate the production sex hormones, the researchers noted.

Earlier menopause

At the other end of a woman's fertile years is a newly discovered risk from certain chemicals.

Facts

- **Cancer.** Girls who start their periods earlier are at a higher risk of developing breast cancer.

A study at the University of Colorado found that women who had been exposed to 15 man-made chemicals entered menopause two to four years sooner than women who had been exposed to lower levels of the same chemicals.

Dr. Natalia Grindler and her team reviewed data from 31,575 women collected by the National Health and Nutrition Examination Survey between 1999 and 2008.

Out of 111 chemicals tested, 15 were flagged — the most common, phthalates, are found in plastics, pharmaceuticals, and personal care products such as body lotions, perfumes, makeup, nail polish, liquid soap and hair spray.

The others were dioxins/furans (industrial combustion byproducts); phytoestrogens (plant-derived estrogens); polychlorinated biphenyls (PCBs, coolants); phenolic derivatives (phenols, industrial pollutants); organophosphate pesticides; surfactants; and polycyclic aromatic hydrocarbons (combustion products).

Early menopause is not the only negative effect they can have on women's health.

"Any early decline in ovarian function could increase rates of infertility and lead to earlier development of cardiovascular disease, osteoporosis and other medical problems among women," she said.

Even worse, avoiding exposure to these chemicals is nearly impossible.

"The health of future generations is at risk and without further research in this area, those born today could be affected in decades to come."

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CONTRIBUTED

Dance the night away for ALS

The ALS Society of Manitoba will be hosting its annual Cornflower Gala dinner at the St. Charles Country Club on April 25. Last year, this event raised more than \$60,000 to help Manitobans living with ALS/MND and their families.

"The Cornflower Gala is one of the biggest fundraising events that the ALS Society of Manitoba puts on each year" says Diana Rasmussen, executive director of the ALS Society.

"Our generous sponsors and attendees make this event a huge success each year and

it's something that many look forward to attending each year."

On top of fine dining provided by St. Charles Country Club and music and dancing courtesy of the Luke and Murray Two Man Band, the gala will include the chance to bid on local art pieces, great trips, including two tickets anywhere WestJet flies, a trip to Churchill, a fly-in fishing trip to Bolton Lake Lodge, and so much more.

For more on the annual Cornflower Gala dinner, including sponsorship and buying tickets, call 204-831-1510 or visit alsmb.ca.

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NHL

Bettman not committed to team in Vegas

NHL commissioner Gary Bettman spent Tuesday touring an arena under construction on the Las Vegas Strip, shilling for season-ticket sales, and posing for pictures with showgirls and the man who wants to bring the first major professional sports franchise to the gambling city. Then he insisted the NHL has barely given the issue of expansion a second thought.

While Bettman was careful not to commit the NHL to Las Vegas, his presence at prospective owner Bill Foley's kickoff campaign was surely noted far beyond the Las Vegas Strip. And Foley and others seemed confident that once the goal of 10,000 season-ticket sales is realized, it won't be long before the NHL comes forward with an expansion franchise for the city.

THE ASSOCIATED PRESS

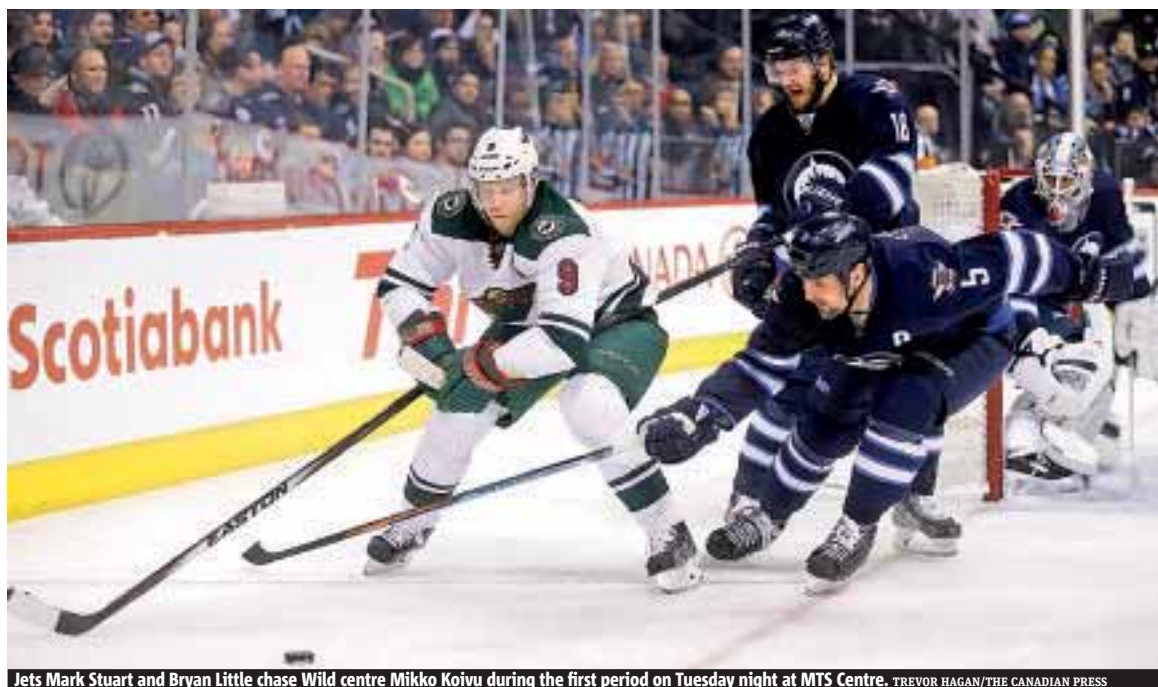
Order of Hockey

Quinn headlines 2015 class

Pat Quinn, Serge Savard and Jim Gregory have been named to the 2015 class of the Order of Hockey in Canada.

Quinn coached Team Canada to its first Olympic gold medal in 50 years at the 2002 Salt Lake City Games. He also led the nation to gold at the 2004 World Cup of Hockey, the 2008 under-18 world championship and the 2009 world junior championship.

He died in Vancouver on Nov. 23 following a long illness. THE CANADIAN PRESS



Jets Mark Stuart and Bryan Little chase Wild centre Mikko Koivu during the first period on Tuesday night at MTS Centre. TREVOR HAGAN/THE CANADIAN PRESS

Jets hitch ride with Hutch on road to win

NHL. Goalie makes 29 stops, Byfuglien scores OT winner in Winnipeg's second straight win

Dustin Byfuglien scored on a breakaway four minutes into overtime as the Winnipeg Jets snapped the Minnesota Wild's six-game winning streak with a 2-1 victory on Tuesday.

Minnesota turned the puck over in Winnipeg's end and Byfuglien grabbed the loose puck, skated down the boards alone and ripped a low shot

On Tuesday	
2	1
Jets	Wild

under goalie Devan Dubynk.

Toby Enstrom scored in regulation and Michael Hutchinson stopped 29 shots for Winnipeg (28-18-10), which has won back-to-back games.

Jason Pominville had the lone goal for the Wild (26-20-7),

who got a 32-save performance from Dubynk.

After two scoreless periods, the Jets got on the board with Enstrom's third goal of the season at 7:53. Enstrom's shot from the point was tipped in past Dubynk by Minnesota winger Nino Niederreiter for the 1-0 lead.

Wild winger Pominville tied it up just over two minutes later when teammate Zach Parise created a turnover in front of Winnipeg's net and Pominville fired his shot past Hutchinson at 10:22.

Winnipeg opened the game swarming around the Minne-

sota net, with the Wild blocking some shots and Dubynk making a couple of sharp saves as the puck bounced around in front of him.

Minnesota didn't get its first shot on goal until 6:41 of the first period, when the gap became 10-1 in Winnipeg's favour. The period ended with the Jets outshooting their Central Division rivals 15-8.

Both goalies made some key stops in the second period, with Hutchinson kept busy as the Wild upped their shots on goal to close Winnipeg's edge 24-21.

THE CANADIAN PRESS

Bombers active players in free-agent market



Receiver Darvin Adams was one of the Bombers' signings Tuesday. GETTY IMAGES

Kyle Walters didn't waste any time making a splash on the free-agent market.

The Winnipeg Blue Bombers general manager added five players Tuesday, the first day of CFL free agency. Walters bolstered his offensive line by coming to terms with American Stanley Bryant and signing fellow offensive lineman Marc Dile, international receiver Darvin Adams as well as defensive lineman Ivan Brown and linebacker Sam Hurl, both Canadians.

Walters' free-agent activity

Quoted

"I think this is the best off-season I've had. I don't think I could be more prepared."

Blue Bombers receiver Darvin Adams

wasn't surprising, given Winnipeg (7-11) missed the CFL playoffs last year and is hosting the 2015 Grey Cup game.

Improving an offensive line that allowed a league-high 71 sacks was definitely

an off-season priority for Walters. And he reportedly signed Bryant, a towering six-foot-five, 313-pound tackle who spent the last five seasons with the Calgary Stampeders, to a deal worth \$160,000 annually to help keep starter Drew Willy upright.

The six-foot-four, 300-pound Dile spent the last three seasons with the Hamilton Tiger-Cats.

Brown, a 29-year-old Regina native, is entering his seventh CFL season having also played for Montreal, Hamilton and Toronto. THE CANADIAN PRESS

Canada's top kayaker lives on road

Funding. Set on making the Pan Am and Olympic Games, Ben Hayward says building his house on wheels 'was the only way'

Ben Hayward's home measures about seven square metres and is currently parked in an overflow lot in southern France.

Faced with financial challenges that could have derailed his Olympic dream, the kayaker from Edmonton has taken the nomadic lifestyle of the amateur athlete to a whole new level.

Hayward lives and travels in a camper van he built from scratch on a flatbed truck, combining his background in architecture with his need to live and train in Europe on the cheap.

"Amateur sport in Canada is pretty poorly funded as it is; and then summer sport is even worse," Hayward said in a phone interview from Australia, where he's racing this

weekend. "I needed to find something that would be affordable and pretty much this was the only way."

His "Hobbit Van," as he fondly refers to it, resembles a hobbit house on four wheels, complete with a round hobbit door. The 25-year-old, who's Canada's top whitewater paddler, originally planned to buy a van, but after four days of searching in Wales left him empty-handed, the idea to build his own was hatched over a cold pint in a Cardiff pub.

Hayward purchased the nine-year-old army-green truck for \$2,200. He and a friend worked 18 hours a day over four days constructing the maple wood exterior. The former Carleton architecture student then added a kitchen and a handcrafted couch that turns into a spare bed. A wind turbine and solar panels give power.

Appliances came in thanks to a crowd-funding campaign last summer. The name of every donor is hand-painted within a giant maple leaf on one outer wall.

"It's actually a really nice space to live in."



Ben Hayward built his "Hobbit Van," complete with a round hobbit door, inspired on the Lord of the Rings trilogy. CONTRIBUTED/THE CANADIAN PRESS

The total cost was \$10,000, which is completely paid off, leaving him with just fuel costs and food expenses.

Hayward spent four months this past fall living in his hobbit

van while he trained in France.

Hayward is coming off the best season of his career, making two World Cup finals, finishing sixth and ninth in men's K1. He won Canadian

national titles in four different disciplines. He has his sights on a strong showing at this summer's Pan American Games in Toronto and a spot on Canada's Olympic team for Rio.

He's racing the K1 this week at the Australia Open at Penrith's Whitewater Stadium, the whitewater venue for the 2000 Sydney Olympics.

THE CANADIAN PRESS

A-Rod plans to meet Yankees before spring training



New York owes Alex Rodriguez \$61 million in the final three seasons of his 10-year contract, and may dispute five \$6 million payments it could owe Rodriguez for historic achievements, part of a marketing deal negotiated at the time of his players' contract. KEVIN C. COX/GETTY IMAGES

Alex Rodriguez plans to meet with New York Yankees' officials before reporting to spring training.

Having served a one-season suspension for violations of baseball's drug agreement and labour contract, Rodriguez is due to start workouts at the team's spring training complex on Feb. 26. His relationship with some team officials was strained in 2013 as he tried to avoid a suspension.

Yankees general manager Brian Cashman, speaking to reporters before the Connecti-

cut Sports Foundation dinner Friday in Uncasville, Conn., said the planned meeting was discussed a day earlier when he and assistant general manager Jean Afterman spoke with Jim Sharp, a lawyer for Rodriguez. The intended meeting was first reported by the Boston Globe.

"Alex considers everything with the Yankees to be family business, and family business stays within the family," spokesman Ron Berkowitz said in an email.

Rodriguez first sounded out the Yankees about a pos-

sible meeting earlier in the off-season, but New York held off then.

Rodriguez sued Yankees team physician Dr. Christopher Ahmad and New York-Presbyterian Hospital in October 2013, accusing them of mishandling his medical care during the 2012 AL playoffs, then withdrew the case last June.

A-Rod turns 40 in July and has not played a full season since 2007 because of leg injuries, operations on both hips and the suspension.

THE ASSOCIATED PRESS

Suspension

Alex Rodriguez was banned for 211 games in August 2013 by then-baseball commissioner Bud Selig, and the penalty was cut to the 2014 season by an arbitrator.

- After suing in federal court in an attempt to overturn the discipline, Rodriguez dropped that action and accepted the penalty.

Winter Universiade

'Peg's Meakin still perfect in Spain

The Canadian women's curling team wrapped up a perfect round-robin with a win over the United States on Tuesday at the 27th Winter Universiade in Granada, Spain.

Winnipeg skip Breanne Meakin's Carleton University-based rink put up a five points in the eighth to get past the U.S. by an 11-4 score, to improve to 9-0 in the round-robin.

THE CANADIAN PRESS

CFL

Ticats sign Canuck free agent Watt

The Hamilton Tiger-Cats have signed free-agent receiver Spencer Watt.

The six-foot-two, 180-pound native of North Vancouver spent the last five years with Toronto following his collegiate career at Simon Fraser.

Watt recorded 135 career catches for 1,715 yards and nine TDs during his time with Toronto, which was hampered by injuries.

THE CANADIAN PRESS

NFL

Broncos giving Manning ample time to decide

New offensive co-ordinator Rick Dennison says the Denver Broncos are in "no rush" to get an answer from Peyton Manning about his plans for 2015.

Manning is mulling his future following a late-season slide and thigh injury that culminated with a poor performance in the playoffs.

THE ASSOCIATED PRESS

Premier League

Balotelli finally comes through

Mario Balotelli came off the bench to grab a late winning goal for Liverpool in a 3-2 victory over Tottenham in the Premier League on Tuesday, boosting his team's chances of hauling in its rivals for Champions League qualification.

Out of favour at Anfield in recent months, Balotelli entered in the 73rd minute and scored his first league goal for Liverpool 10 minutes later.

THE ASSOCIATED PRESS



Liverpool celebrates Mario Balotelli's first Premier League goal of the season on Tuesday against Tottenham at Anfield in Liverpool. CLIVE BRUNSKILL/GETTY IMAGES

2015 GMC Yukon

- **Type.** Four-door, seven- or eight-passenger full-size SUV
- **Engines.** 5.3-litre V8 (355 hp), 6.2-litre V8 (420)
- **Transmissions.** 6- or 8-speed automatic
- **Price.** \$51,850 base, \$64,900 as-tested

Market position

GM says that one out of every three full-size, truck-based SUVs sold in Canada is a Yukon or Denali. In this limited segment, only the domestics offer two wheelbase lengths or a choice of engines.

Points

- The eight-speed transmission in the Denali is expected to make its way to other Yukon models eventually.
- The Denali includes an air-levelling suspension system and Magnetic Ride Control, which almost instantly tightens or softens the ride to match road conditions.
- Alert system warns about forward traffic or lane departure by vibrating the seat.



The first two rows are roomy, but the third row is very cramped.

Interesting features

Rear-view camera, oil and transmission cooler, front and rear park assist, rain-sensing wipers and remote starter are all standard; heated and cooled seats, power-folding third-row seat, adaptive cruise control, a rear-seat entertainment system, and power liftgate are all optional.

Do you want big, or bigger?



PHOTOS: JIL MCINTOSH

Review. GMC Yukon offers two wheelbase lengths and seating for eight, but is still light and nimble to drive

JIL
MCINTOSH
drive@metronews.ca

Although the full-size SUV segment is not as large as it once was, the remaining players are as big as ever.

The all-new 2015 GMC Yukon is available in two "big and bigger" wheelbase lengths, and with seating for up to eight people.

It's based on the GMC Sierra pickup that was com-

pletely overhauled for 2014, although it doesn't share any of that truck's exterior panels.

The base SLE trim line and my tester, the SLT, use the Sierra's 5.3-litre V8 engine and come in two-wheel drive, or, as in my vehicle, four-wheel drive.

Pricing ranges from \$51,850 to \$64,900. You can also get a luxurious top-line Denali trim, which uses a 6.2-litre V8 and comes only as a 4x4, for \$74,600.

My tester was the regular-wheelbase model, but you can also get the extended-length Yukon XL in all trim lines, which adds \$3,050 to the price of each.

All Yukon models have three rows of seats, but the



The interior is as well-finished as you'd expect for the price, with simple controls.

XL gives you more legroom and extra cargo space behind the third row.

For all its size, the Yukon doesn't feel as big as it is when you're driving it, thanks to light steering and

quick response.

When full power isn't needed, such as when you're cruising at a steady speed, the engine shuts off half its cylinders to save gas. It happens so seamlessly that you

Compare



1 Ford Expedition

Base price: \$50,299
Two wheelbase lengths, but the sole engine choice is a 365-hp, 3.5-litre EcoBoost V6.



2 Toyota Sequoia

Base price: \$53,885
Based on the Tundra pickup, Sequoia uses that model's 5.7-litre V8 and is 4WD only.



3 Nissan Armada

Base price: \$59,828
Armada comes only in one fully loaded Platinum trim, with a 5.6-litre V8 engine.

usually have to depend on the display in the instrument cluster to tell you when it's only feeding fuel to four cylinders.

The interior is as well-finished as you'd expect for the price, with simple controls that are easy to use.

The first and second rows are roomy, but the third row is perched over the rear axle and, as a result, there's very little room for your knees and the seating position isn't very comfortable.

For those who prefer the Chevrolet nameplate, the Tahoe and longer-wheelbase Suburban are mechanically identical to the Yukon, but have differences in their trim packages and lower starting prices.

5 DRIVE

AUGMENTED REALITY

Stuck on 12 Across?
**Scan this image with your
Metro News app for today's
crossword and Sudoku answers.**
It's OK. No one's watching.

→ See the full
instructions
on Metro's
Voices page.



Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

Be more assertive about your opinions today, especially if you've kept your thoughts to yourself for a while. If you don't have to shout but let others know what you believe.

♉ Taurus

April 21 - May 21

Others will go out of their way to keep you quiet today, because the truth is not what they want to hear. If you find yourself at odds with powerful people, don't back down.

♊ Gemini

May 22 - June 21

Be careful who you trust on the work front today because someone you think is a friend could be plotting to undermine your position.

♋ Cancer

June 22 - July 23

Now that Mercury, planet of the mind, is moving in your favour again you won't have much trouble working out what needs to be done. Get your financial affairs in order.

♌ Leo

July 24 - Aug. 23

You will hear something to your advantage over the next 24 hours. Don't be reluctant to believe it just because the source of the information has not always been reliable.

♍ Virgo

Aug. 24 - Sept. 23

Partnerships and relationships will be under important stars as the month moves on, so clear the decks for action now.

♎ Libra

Sept. 24 - Oct. 23

Your latest project will be a success, despite recent setbacks. Don't worry that you have not made as much progress as you would have liked. There is still plenty of time to get it right.

♏ Scorpio

Oct. 24 - Nov. 22

You should find it easier now to get along with people who, for one reason or another, have been a bit stand-offish of late.

♐ Sagittarius

Nov. 23 - Dec. 21

If you get the chance to do a good deed for a friend over the next two or three days don't wait to be asked, just wade in and put things right for them.

♑ Capricorn

Dec. 22 - Jan. 20

Something that has been tormenting you these past few weeks will no longer seem such a problem after today. You will also be delighted to discover that you are not as poor financially as you thought.

♒ Aquarius

Jan. 21 - Feb. 19

Something that has gone wrong on several occasions over the past two or three weeks will start going right again as of today, which will lead to an improved outlook.

♓ Pisces

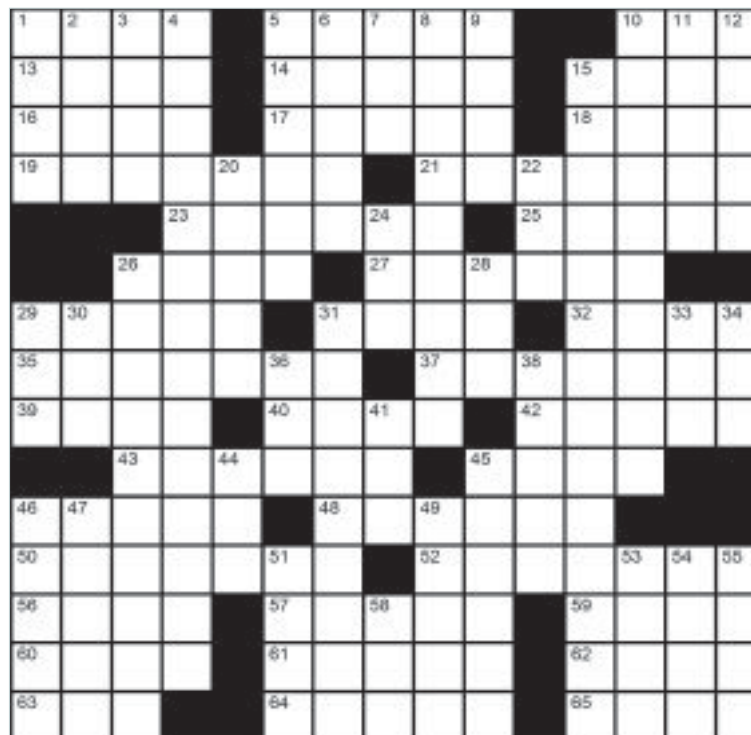
Feb. 20 - March 20

You will learn something you find hard to believe today. It has been in plain sight for a while, which begs the question: How did you manage to miss it?

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Fort __ Hill (Historic coastal artillery base in Colwood on Vancouver Island)
5. Economy class
10. Football positions, briefly
13. Helm position
14. 'Straight'-meaning prefix
15. Mouse-like critter
16. Type size
17. Bargain
18. Garfield's sidekick
19. 1982 Dustin Hoffman movie
21. Discount shoe store
23. 1965 to 1971 sitcom, " __ Heroes"
25. At __ (With consequences)
26. Scientology founder, __ Hubbard
27. Violinist Mr. Perlman
29. Stream
31. Kimono accessories
32. Robert De Who?
35. April Wine's "Just __ You and Me"
37. Gambling spots
39. Betty __ (Vintage cartoon/comic)
40. Hide-and-go-__
42. The Cremation of Sam __ (Yukon-set poem by Robert Service)
43. Australian airline
45. Jiffs
46. "It's __ thing."



(Definitely)

48. __ Friday (Office's tie-less day)
50. President's Choice product, Deluxe White __ Macaroni & Cheese Dinner
52. Condense, literature-style
56. "The Littlest __"

(Canuck dog series)

57. Disturbs
59. Grub
60. Balanced
61. Basket fibre
62. Lilypad lazer
63. __ hall (Student hangout)
64. Strong point
65. Scottish 'since'

Down

1. Bewitched
2. Oil: Italian
3. Design style, with Art
4. It comes 'two minutes too late' in Alanis Morissette's "Irony": 3 wds.
5. Jointly endorse on

the dotted line

6. "Coffee __?" (Restaurant query)
7. Chowded chowder
8. Dried lips balm
9. Greeting in Granada!
10. Blackie and the __ (Hamilton band)
11. Walking on air

- feeling
12. View, Bible-style
 15. Steep formations in Gros Morte National Park in Newfoundland: 2 wds.
 20. District on Vancouver Island's southern tip
 22. James Ingram/Michael McDonald hit: " __ Mo B There"
 24. Bill
 26. Scratch tickets overseer in Montreal, __
 28. Half of Ms. Gabor
 29. 'Start With Trust' is this org.'s slogan
 30. Vintage auto
 31. Crossword's beginning...: 2 wds.
 33. Eggs of fish
 34. 'Lact' suffix
 36. Approx.
 38. Besmirch
 41. NASA-like org. headquartered in Paris
 44. '90s sitcom, " __ and Stacey"
 45. Group within a group
 46. Sore one
 47. Rudely push
 49. Room: French
 51. Diva's vocal
 53. Ellen DeGeneres-voiced fish in "Finding Nemo" (2003)
 54. Hooligan
 55. Cutting-__
 58. TGIF part

Yesterday's Crossword



Online

See today's answers at
metronews.ca/answers



Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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CARSTAR on Fife..... 632-7712
CARSTAR on Henderson..... 338-1551
CARSTAR on Saskatchewan..... 837-2399
CARSTAR on Chevrier..... 475-7193
CARSTAR in Stonewall..... 467-4329



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where accidents unhappen.®





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ENDS MARCH 2ND!



2014 Accent
"Highest Ranked Small Car in
Initial Quality in the U.S.*"

HWY: 6.3L/100 KM
CITY: 8.9L/100 KM*



GLS model shown



2014 Elantra
"Highest Ranked Compact Car
in Initial Quality in the U.S.*"

HWY: 6.7L/100 KM
CITY: 9.7L/100 KM*



Limited model shown

2015 ACCENT
4DR L MANUAL

CASH PURCHASE PRICE:

\$9,367⁺

INCLUDES

\$4,182 IN FREE TRADE PRICE
REDUCTION AND FREE
TRADE BONUS*

INCLUDES A 60-MONTH LIMITED WARRANTY**!

2015 ELANTRA
L MANUAL

CASH PURCHASE PRICE:

\$10,867⁺

INCLUDES

\$5,132 IN FREE TRADE PRICE
REDUCTION AND FREE
TRADE BONUS*

INCLUDES A 60-MONTH LIMITED WARRANTY**!



5-Star Overall
Crash Safety
Rating*

HWY: 9.8L/100 KM
CITY: 12.9L/100 KM*



Limited model shown



Limited model shown

HWY: 9.3L/100 KM
CITY: 11.6L/100 KM*

2015 SANTA FE
SPORT 2.4L FWD

CASH PURCHASE PRICE:

\$23,067⁺

INCLUDES

\$3,832 IN FREE TRADE
BONUS*

INCLUDES A 60-MONTH LIMITED WARRANTY**!

2015 TUCSON
GL FWD

CASH PURCHASE PRICE:

\$18,102⁺

INCLUDES

\$3,897 IN FREE TRADE
BONUS*

INCLUDES A 60-MONTH LIMITED WARRANTY**!

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Dealers may charge additional fees for administration of up to \$499. Charges may vary by Dealer.

**5 YEAR
WARRANTY**

5-year/100,000 km Comprehensive Limited Warranty**
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty



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NEW THINKING.
NEW POSSIBILITIES.*

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